### **UNIT 5: FOOD AND HEALTH**

# LANGUAGE FOCUS – COUNTABLE AND UNCOUNTABLE NOUN SOME / A LOT OF / MUCH / MANY / ANY

### I. COUNTABLE AND UNCOUNTABLE NOUN

1. Countable noun

Ex: a sweet – sweets, an apple – apples, a nut – nuts,...

There is + a/an + N<sub>singular</sub>

There are + Nplural Ex:

There is an apple on the table.

There are some nuts in my bag.

Note: Some nouns have only plural form.

Ex: vegetables, noodles, ...

2. Uncountable noun

Ex: bread, rice, pasta, water, juice, ...

There is + Nuncountable

Ex: There is some rice in the bowl.

### II. SOME / A LOT OF / MUCH / MANY / ANY

1. Affirmative clause

There is + some / a lot of +  $N_{uncountable}$ There are + some / a lot of +  $N_{plural}$ 

Ex: There is some water in the bottle.

There are a lot of nuts in my fridge.

Note: There is a lot of meat.

There is are a lot of vegetables.

2. Negative clause

There isn't + any / much +  $N_{uncountable}$ There aren't + any / many +  $N_{plural}$ 

Ex: There isn't any pasta for lunch.

There aren't many apples in the bag.

3. Question

Is there + any / much + N<sub>uncountable</sub>? Are there + any / many + N<sub>plural</sub>?

Ex: Is there much juice for breakfast?

Are there any vegetables in the soup?



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## UNIT 5: FOOD AND HEALTH VOCABULARY AND LISTENING

### **I. VOCABULARY:**

Adjectives about health:

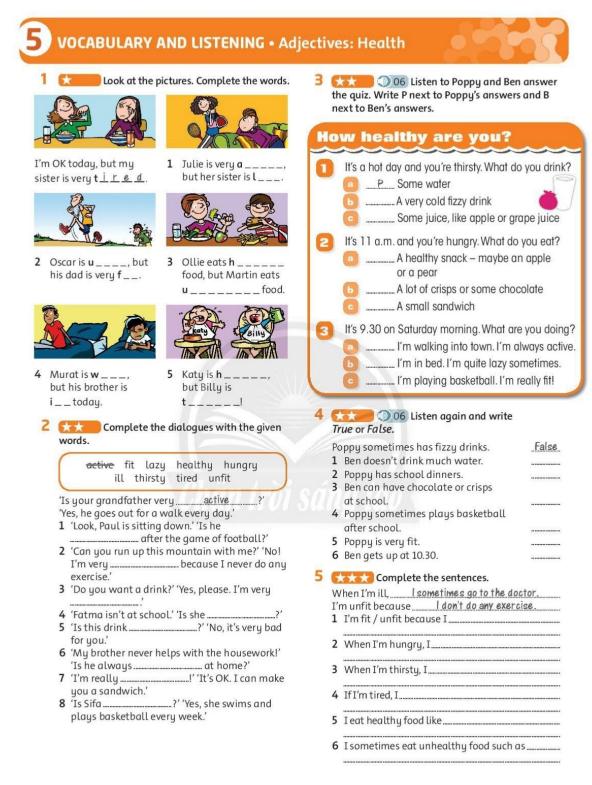
- 1. hungry (adj): đói ≠ full (adj): no
- 2. thirsty (adj): khát
- 3. ill (adj): bị bệnh ≠ well (adj): khỏe
- 5. tired (adj): mệt mỏi
- 6. lazy (adj): lười ≠ active (adj): năng động
- 7. fit (adj): khỏe mạnh ≠ unfit (adj): yếu
- 8. normal (adj): bình thường
- 9. healthy (adj): khỏe ≠ unhealthy (adj): yếu Exercise

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active	unhealthy	unfit	well	hungry	fit
full	tired	lazy	healthy	<del>ill</del>	

You go to the hospital if you're ill.

- 1. A / An ..... person does a lot of activities.
- 2. When you're ....., you want to eat. 3 Good food and good habits are ..........
- 4. A / An ..... person exercises a lot.
- 1. active
- 2. hungry
- 3. healthy
- 4. fit
- 5. tired



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